Jesus, You're the One I love; You're the One I know. You're the One Who makes me strong, Spirit in my soul. From the clouds of yesterday, through the night of pain, teach me, Lord, to know Your way, know it once again.

Bread, blessed and broken for us all, symbol of Your love from the grain so tall. Bread, blessed and broken for us all, bread of life You give to us, bread of life for all.

May the bread we break today, may the cup we share lift the burdens of our hearts, lift them ev'rywhere. Passing on to each of us a measure of Your love, love to make us whole again, as we share Your Word.

Jesus, You're the One I love; You're the One I know. You're the One Who makes me strong, Spirit in my soul.